

# Drop-in event for people and their carer's who may need support at home

Come and visit the

## 'Care Fair'

Thursday 13th October 10:00am - 3:30pm

Dover Marina Hotel

Dover Waterfront, Waterloo Crescent, Dover CT17 9BP

Information . Support organisations . Advice . Carer's Forum

Service presentations . Dementia awareness sessions . Refreshments available

- Are you a carer?
- Do you know someone who needs some support at home?
- Would you like to know what support is available?

If the answer to any of these questions is 'yes' then this event is for you!

Information and advice about:

Caring for a loved-one • Care at home

Long-term conditions • End of life care

Health • Mental health • Sensory support

Finance • Legal issues • Emergency services

KCC Community services

Workshops and Presentation Panels

Guest Speaker's and Local Services

First Aid for Carer's • 6 Ways to Wellbeing

Lasting Powers of Attorney • Dementia

Crafts and Therapy • Yoga • Telecare

Singing for wellbeing • The Care Act



'Care Fair' is proudly sponsored by  
Carer's Support and Inchwater Home Care



For More information, please call 01304 364637

Or visit [www.inchwater.co.uk/care-fair](http://www.inchwater.co.uk/care-fair)